PLAY*self*

Physical Literacy Assessment for Youth

Physical Literacy Tracking Sheet

canadiansportforlife.ca
physicalliteracy.ca/PLAY

Name									
Date									
Assessment #	1	2	3	4	5	6	7	8	9
Environment									
Physical Literacy Self-Description									
Literacy									
Numeracy									
Physical Literacy									
Physical Literacy Score									
Fitness									
Total									

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