

# PLAY*basic*

# Physical Literacy Assessment for Youth

PLAY*basic* is intended for children aged seven and up.

[canadiansportforlife.ca](http://canadiansportforlife.ca)  
[play.physicalliteracy.ca](http://play.physicalliteracy.ca)

Participant's Name \_\_\_\_\_ Gender: M F Age: \_\_\_\_\_

Place a mark in the box that best represents the child's ability. Indicate if the child had low confidence, or needed a prompt, mimic, description, or demonstration for each task.

Task	Competence						Confidence	Comprehension		
	Developing		Acquired		Confidence	Prompt		Mimic	Describe	Demo
	Initial	Emerging	Competent	Proficient						
1. Run there and back										
2. Hop										
3. Overhand throw										
4. Kick ball										
5. Balance walk (toe-to-heel) backward										

You can score and track your assessment online at [play.physicalliteracy.ca](http://play.physicalliteracy.ca). There you'll be able to create groups and input PLAY*basic* scores for any number of children.